



# When Animal Communication Helps

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As an animal communicator, I'm often asked what I talk about during sessions with clients.

Sometimes people are just curious about what is on their pet's mind. More often, however, people call because of a specific issue with their animal companion—behavioral, emotional or physical. Besides working to solve these types of problems, I also enjoy helping to deepen person/animal relationships.

About a year ago I visited a West Highland Terrier, Teddy, who loved to bark at anything and everything. His person, Alivia, had moved to a new neighborhood where Teddy's barking soon became less than welcome.

After explaining the situation to Teddy, I asked if he could practice his "soft bark," a barely audible "woof,"

# Spirit Whispering

saving his loud bark for times when someone came to the door. Following the session, Alivia said that Teddy began barking about 60 percent less. He was also rewarded with abundant praise whenever he used his “soft bark.”

Pets, like people, also carry emotional baggage. A common situation, especially for those who have had previous homes, is a nagging insecurity about whether they will always remain with their person. I’ve seen animals who, years after being adopted, still struggle with this concern. So one easy step to take with pets is to regularly reassure them that they are in their forever home.

With physical problems, I always encourage people to see a veterinarian. Once a medical diagnosis has been made, then I often talk with pets about their preference for treatment options, about emotional issues related to the condition, and about anything else that might help with the healing process.

So whether you have a pet who is driving you crazy or if you simply would like to improve your relationship with your animal friend, consider consulting an animal communicator. There are many of us located in Boulder County. It’s a rewarding treat for you and can be a special gift for your devoted companion.